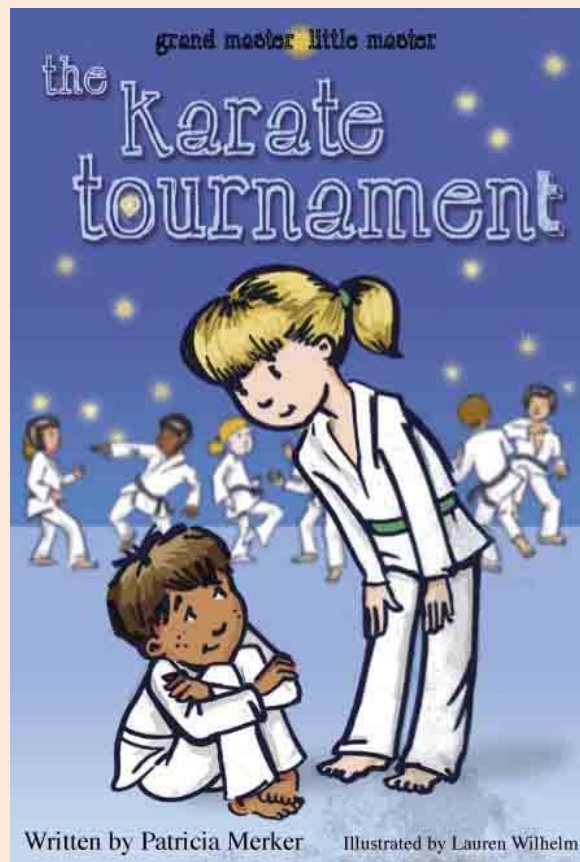


# grand master little master



## *Parental & Guardian Guidelines*

Photos used under Creative Commons from Joyseph, parhessiastes, The Bearmaiden, MinimalistPhotography101.com, The Bearmaiden, Eddi van W.

grand master little master

# *Index*

<i>Note to Parents and Guardians</i>	<i>Page 3</i>
<i>Getting Started</i>	<i>Page 4</i>
<i>About this Lesson – Cause and Effect</i>	<i>Page 6</i>
<i>Meet Grand Master – your child's invitation</i>	<i>Page 8</i>
<i>Lesson One</i>	<i>Page 10</i>
<i>Lesson Two</i>	<i>Page 11</i>
<i>Lesson Three</i>	<i>Page 12</i>

# grand master little master

## NOTE TO PARENTS/GUARDIANS:

You were divinely guided to begin this spiritual journey with your child/children. There is nothing in this series that your child cannot grasp. It may seem so at times but do not forget that it *is where they come from*. Repetition is the key. The books in *The Grand Master/Little Master series* should be read over and over. It's likely that you began telling your child to say "please and thank you" before they could talk. How many years did you have to remind them? Did you ever decide that it just wasn't worth the effort? Of course not, why? Because manners are important! Because you knew that one magical day an unsolicited "tank ooh" would erupt. You must not forget that there is *nothing* more important than teaching your child Truth. There is no greater gift than that of a nurtured soul.

We can't protect our children from the circumstances that they will have to encounter in this lifetime, but we can make sure that they are internally well armed. Calmness, serenity and a deep sense of Self makes all the difference in how one views the world that we live in. It's literally *everything*. One day, if you remain consistent, your child will tell you something that is "way beyond his/her level of understanding." You will experience pure joy at the gift you have given.

Secondly, for those of you who have a concern that some parents may try to manipulate their children with this "game", rest assured that **it will not work**. Children will tire very quickly of a game that gives them a second parent. *Parents* manipulate, not Grand Master, and you must remember this if you want to keep the door of your child's soul open to you.

If you are a parent who feels you are deceiving your children by pretending to be someone you aren't, or maybe you feel it's dangerous to pretend that you have all the answers. I say this to you:

***"You don't know who YOU are, Little Master, you have much to learn."***

Grand Master doesn't have all the answers. He/She gently loves and guides. Grand Master helps children search for answers that make their hearts smile. Grand Master has no opinions, expectations, or disappointment for your child. When you play Grand Master, you may not either! You may only love. At those times when strong emotion is involved, you may not even *talk* about Grand Master. Wait until you are quiet, go within, and ask for guidance. Grand Master teaches that what you believe shows up in your world. **Believe** that you are divinely guided, because you are. It will come, but don't be in too much of a hurry. Grand Master also teaches patience.

**GOD BLESS!**

# grand master little master

## GETTING STARTED

Congratulations on your decision to go on such an exciting adventure with your child! Begin by placing the “Meet Grand Master” page in an envelope with your child’s name on it. When Book One, *The Karate Tournament* arrives, I suggest tucking it away in the back of the book. Read the story together. At its conclusion, you will discover this envelope. “What a surprise, it has *your* name on it!”

Read the letter slowly. It is a good idea to stop along the way and ask your child what he/she thinks Grand Master might be talking about at various points. Even young children will amaze you at their ability to grasp GM’s teachings. Read the letter as many times as your child will allow. Repetition is important.

This is a game with no rules. Every child is different and will interact in his/her own way. Some children will want lots of parental interaction. Some will want very little. Our children delighted in our detachment. It was *their* friend and they shared what *they* wanted with us. If I pretended not to understand what Grand Master meant in the message, they loved to explain it to me. I could also give them *my* opinion of what it meant, as long as I didn’t try to convince them that I was right. This kept our discussion ongoing. When they “learned their lesson well”, we shared in their enthusiasm.

You can be as creative as you like. You might feel it’s appropriate, as I did, to occasionally *speak* as Grand Master. I suggest that you close your eyes and allow your child to see you going within. Maybe you would like to add some additional letters for special circumstances, or, you can give the provided lessons to your child and simply make yourself available for discussion. I recommend placing the letters under pillows approximately one week apart. If your child hasn’t worked on the first lesson, you might hint that another letter will follow when GM feels they’ve completed the first one successfully.

Don’t ever deny playing a part in writing or placing GM letters. If asked, say that you feel *inspired* to do so. This is an opportunity to talk about the Grand Master (spark of God or Universal Intelligence) that lives in all of us. You might say, “Maybe Grand Master has decided to work with both of us! Isn’t this exciting?”

As your child grows, the goal is for Grand Master to lose some of the human characteristics, and become a Universal Energy or Presence. Begin using the words

“go within”. Allow your children to see *you* go within for guidance when a tough situation arises. Sit down together to visualize and meditate. This is the most natural and logical thing to teach our children. This *is* where our answers lie, and it would serve us well to be aware of it.

If, for any reason, you or your child decides to stop playing the game, write a letter of completion. This is so important. You can say, "I will return again later when you are ready for me", or, "You have been a good student, I am always with you". A child may feel abandoned if you don't say goodbye. They might think that they did something wrong.

Don't forget to have fun. *Fun* is the reason they will play with you; a deep sense of satisfaction is why they will continue. It is gratifying to watch your children look for lessons in the daily things they encounter. If *we* had grown up learning to trust our intuition and the Universe that we live in, we would all be well-adjusted adults, indeed.

Don't forget to thank your children for teaching you about your own Grand Master. They really will teach you, you know. Did you think this game was just for your kids?

# grand master little master

## **ABOUT THIS LESSON:** **CAUSE AND EFFECT**

This is a wonderful first lesson for a child to work on. It is the foundation of everything else. It is well worth it to spend some extra time on this.

The three letters included in this lesson are designed to: 1) introduce the principle, 2) put it to practice and be conscious of it, and 3) to let children know that they are always divinely guided, no matter what the appearance. Our belief system determines how life ‘shows up’ for us. The goal is to guide our children to a belief system that serves them.

When the time seems right, remind your child that all behaviors, both positive and negative, come back around. Repetition is the key for a young child. If you are involved enough in the game to talk about Grand Master, you might make a comment when a situation arises, such as, “Your little brother had that toy first. You made him feel sad when you pulled it out of his arms. Do you think that this is one of those things GM was talking about?” That’s enough discussion unless your child urges you on. Any conversation may be inappropriate if your child seems uninterested at this point. *First establish interest.*

Be careful not to *know* what Grand Master means, or would say, etc. You’ll be much more successful if your child feels that they have some special insight that *you* don’t have. Ask questions. This game makes them feel special. If you, the parent, turn everything into a GM lecture, it’s over. *Think* before you respond as Grand Master. Decide if the time is right. Decide if the child is receptive. **NEVER** respond when you or your children are angry. You will only regret it. Don’t ever use GM by saying something like, “We’ll see what Grand Master has to say about this.” *Game over.* Don’t allow them to get frustrated enough to quit. Back off for a while if needed. This is conscious parenting in its highest form!

A child should not be afraid of something coming back around. For example, if your child says “Mommy, I pushed Jordan down today, is someone going to push *me* down?” It’s not about punishment or fear. It’s about love. It’s about fairness. If they do something ‘wrong’, it is just an opportunity for discussion about what they **caused**, and what that might feel like. “Would *you* like to feel that?” We’re teaching our children to be responsible for their actions; we’re teaching them how to attract goodness and love.

Grand Master shouldn’t be presented as some fearful entity, but as a wise and wonderful being; the great Master/Teacher who lives in their Soul and will guide them to their highest good. If one chooses not to follow the lessons, they are not ‘bad’; they just are not choosing to live up to their fullest potential. It is good to point out that opportunities will continue to present themselves as the Universe is committed to bringing out the Divine in all of us.

Also worth mentioning, don't reward an enlightened act with a toy. It's so tempting when you watch your child do something that makes you proud! Once you start doing this, it's hard to stop and the message is wrong. GM teaches that causing goodness gives us a feeling that no toy in the world can give. This takes time. *It is worth the wait.*

Grand Master does give gifts for the soul, but one never knows *when* they will get a gift. A beautiful flower on a pillow or a flower press is nice. A picture of nature or music is acceptable. You never have to worry about sending a wrong message with too many gifts from the forest. *Small, simple* gifts are especially nice with the lesson **Cause and Effect.**

It is really a treat to watch your child delight in this lesson and to know that what they are learning has the potential to affect every decision that they make. They won't always make the decision that you want them to, and you *won't* lecture them. None of us *always* makes the choice that we know is right for us, but your child will be aware of the distinction. They won't feel like victims because they have tools to create how life shows up for them. **That** is life changing.



grand master little master

## MEET GRAND MASTER

### A Child's Invitation

**The letter on the following page should be placed in an envelope with your child's name on it (written by the parent or guardian) and tucked in the back of the book to be discovered at the end of the story.**

For a nice touch, print the Grand Master letters on pastel colored paper.

Have fun!



# grand master little master

Dear Little Master,

It is no accident that this book has ended up in your hands. **You** are also a Little Master- in training. Will you go on an adventure with me? I will show you a new way to see the world.

***There are things you must know before we begin.*** I am Divine, Universal Intelligence, and you may call me Grand Master. I am not male or female, and you may call me either. I live in the soul of every living being. If more people listened to their inner voice, how much happier they would be!

I talk to everyone, but not everyone listens. The more you listen for me, the easier it becomes to hear me. Some people have forgotten how wonderful and powerful they are! Together, we will try to remind them. You must know that I will always ***only*** love you. You cannot disappoint me; you can only disappoint ***you***. How you feel about ***you*** is everything, Little Master. This, we will work on together.

You will learn Universal Principles that sometimes feel like magic! This does not happen overnight. It takes much patience and hard work. You will need to be a good student, but I promise you much wisdom.

You must respect everyone, but ***no one*** has the right to hurt or abuse you. There are some people, even adults, who have very sad hearts. Sometimes they are angry and mean. There will be times that we will try to help them, and sometimes we will just stay away.

You must know that no matter what it looks or feels like, you are always okay. You are ***in*** this world, Little Master, but you are not ***of*** this world. You have chosen this world to visit, but it is not your home. This might be one of the hardest lessons to understand, but it is Truth.

I will remind you often that I am ***always*** with you. You are never alone, even when it feels like you are. I am here and if you close your eyes and be still, you will feel me. Do not be sad if this is difficult at first! It will get easier with practice.

This might not be a game to share with your friends; now is not the time. They might not understand and make you feel silly. Your parents can help you read my letters and discuss their meaning. But, only if you want to. Sometimes parents have a hard time, just as you do, knowing what to do or say. It is a big job being a parent! If you see them struggle, remind them to close their eyes and talk to ***their*** Grand Master. You can help each other along the way. That is why we are all here.

That is all for now, Little Master. I want to leave you with this: ***You are important. Don't believe anyone that says you are not. You can change the big world, if you begin in your little world. Believe it.***

**I love you,**

Grand Master

# grand master little master

Dear Little Master,

We have many lessons to work on but we will start with this very important one. *What goes around comes around.*

This is the secret to love, happiness, friendship, and all that your heart desires! It means that if you want to be happy, *make someone else happy.* If you want good friends, *be* a good friend. If you want others to share and take turns, *you* must share and take turns. What you give to others, you create for yourself.

It works Little Master! The Universe will send it back when you need it.

## Trust the Universe

It will serve you well to also remember that if you hurt someone on purpose, that too must come back. Be careful what you *cause* this week. Cause love, kindness, understanding, and friendship.

Do not forget that I am *always* with you, even when you think I am not.

I love you,

**Grand Master**

# grand master little master

Dear Little Master,

Do you know that when you pay attention to what you **cause**, it is really the only time you are truly awake? Most people walk around all day asleep. They do not know that what they cause comes back to them. You are going to be very wise, indeed!

Every day this week, try to do five special things. Make a sad friend smile or be extra kind to someone who needs kindness. Find something nice about someone you don't like. Help a friend clean up a mess. Say you are sorry if you cause someone to be sad or angry.

The next part of this lesson is important. **Notice** how it makes you feel when you help someone. Is it a warm, nice feeling? Does it make your heart smile? **That is I, Little Master.** I live in your soul. Stay awake and feel me all week.

I love you,

**Grand Master**

# grand master little master

Dear Little Master,

Have you ever had something happen that you thought was ‘bad’, but then something good came from it? Maybe you lost a favorite toy and while you were looking for it outside, you met a new friend!

I say this to you: Sometimes we do not know why things happen, and sometimes they seem ‘bad.’ It will serve you well to know that if you be patient and trust the Universe, it will lead you to your good. The Universe knows what is best for you, even when you do not. *But you must trust, Little Master. **Trust is important.***

The Universe always takes care of those who *know* they are taken care of! Most people don’t know it. *Now **you** do. Know* it this week. *Know* that no matter what happens, you are divinely guided, because you are!

Work on these lessons, Little Master, and we will do more soon.

**Angels are everywhere around you!**

I love you,

**Grand Master**